

GLUTEN FREE MENU

In order to make Tonto Bar & Grill an outstanding experience for every diner, we offer a menu for those with sensitivities to gluten. Included are items from our regular menu and items that have been modified slightly but created with the same high standards. Please let your server know you wish to order off the gluten-free menu so that we can exercise the greatest care in preparing your meal

FOR THE TABLE

- Fresh Baked Gluten-Free Bread** quinoa, flax, sunflower & sesame seed 6
- Tortilla-Crusted Crab Cakes** † fresh jicama & roasted chili slaw, smoked ancho chili aioli..... 24
- Roasted Carrot and Coriander Hummus** charred mini sweet peppers, carrots, cucumbers, sweet drop chiles, crunchy salsa macha, feta.....21

SALADS

All Salads Available in appetizer or entrée size

- Tumbleweed Salad** romaine, iceberg, black beans, chipotle ranch, heirloom tomatoes, corn, tortilla strips, avocado crema, pepper jack 13/17
 - Compressed Arugula Salad** † manchego, candied arizona pecans, sun-dried cherries, green apple & pistachio vinaigrette 14/18
 - Cobb Salad** iceberg, romaine, tomato, bacon, egg, avocado, bleu cheese crumbles lemon-herb vinaigrette.....14/18
 - Harvest Salad** butter lettuce, spinach, balsamic fig dressing, strawberries, roasted beets, berry goat cheese, honey roasted marcona almonds, chia seeds, hibiscus drizzle 14/18
 - House Salad** butter lettuce, shaved radish, heirloom tomatoes, sunflower seeds, lemon-herb vinaigrette 13/17
- Add Choice of Protein:** Chicken 8/Tofu 8/ Calamari 10/Shrimp 12/ Salmon 16/Beef Tenderloin 18

GOURMET BURGERS

Served with: Gluten-Free Bun & House Salad

- Copper State Burger*** † 8oz. K4 Ranch local angus beef, K4 Ranch patty, fig jam, bacon, arugula, pickled onion, brie.....26
- Tonto Burger*** † 8 oz. wood-grilled corn-fed patty, sharp cheddar -or- pepper jack, lettuce, tomato, pickle, 24

ENTREES

- Vegan Relleno** blackened tofu, vegetable & quiona stuffed poblano, chayote tomatillo salsa.....28
- Puerto Nuevo Mexican Soft Tacos** sonoran spice, garlic, peppers, onion, shaved cabbage-lime slaw, avocado crema, white corn tortillas
Choice of Protein/Veg: Tofu & Veggie....24 Chicken...24 Mexican white shrimp....27 Beef tips*....27
- Shrimp Terra Cotta** roasted veggie and quinoa chile relleno, sauteed sonoran spice shrimp ,smoky ranchero sauce, herb goat cheese fondue36
- Pan Seared Diver Scallops*** goat cheese and herb grits, braised greens with bacon and sweet chiles, creole whole grain mustard butter sauce.....55
- Braised Boneless Beef Shortribs** maple bourbon demi, brown butter mashed sweet potatoes, sauteed squash ribbons.....48
- Copper St. K4 Prime Flat Iron Steak*** 8 oz - green chile mashed potatoes, elote, chimichurri rojo.....50
- Ancho Chile-Rubbed 6 oz. Filet*** † adobo demi-glace, forest mushrooms, garlic-herb mashed potatoes, wood-grilled asparagus spears, poblano salsa verde.....52

† Tonto Classic Items

Shared Plate Fee of \$5 may apply to certain items

Please be advised a 3% P206 employee benefit fee will be applied to all food and beverage checks

*Some items may contain undercooked proteins, which may increase the chance of foodborne illness

Please inform your server before placing your order if you have any food allergies or intolerances.